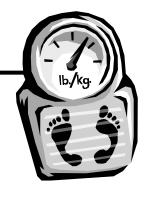
Back to Basics



Fitness Program with Tracy Bacon









Tuesdays & Thursdays
At Tyner-East Brainerd
Recreation Center
6:00pm

Cost: \$40 for 6-weeks

Classes are every Tuesday & Thursday

Bring new life to your body with this calorie burning, muscle toning, energy producing "Back to Basics" exercise program.

For information: 697-1320 or 855-2664